

# THE ANGELUS

*St. Mary of the Angels Fraternity*  
*Ordo Franciscanus Saecularis*  
*Shrine of St. Jude*  
*Rockville, MD*  
*Sunday, June 12, 2016*



*Being Franciscan*



## SERVANT LEADERS

Minister:	Greg Davis
Vice Minister:	Nick Wineriter
Secretary:	Peg Nicholson
Treasurer:	Joyce Routh
Councilors:	Genie Dutton
	Alina Zygmunt
	Madonna Goody
Formation Director:	Tom McGrath
Spiritual Assistant:	Fr. Michael Briese

Hospitality:	Rose Lawrence
	Mary Badjo
Infirmarian:	Peg Nicholson
Newsletter/Website:	Greg Davis

[St. Mary of the Angels Website Link](#)

and kind” atmosphere where we can share, support, and learn from each other.

## MINISTER’S MESSAGE

Dear Brothers and Sisters,

D-DAY has arrived: June 12, 2016

Just as the allied troops stormed the beaches of Normandy, France on Tuesday, June 6<sup>th</sup> 1994 to end the tyranny of Nazi Germany, we **Prayer Warriors** will penetrate our deepest selves to counterattack the 7 deadly sins. We will do this by renewing our vows to obedience, poverty, and chastity and proclaiming what it means for each of us to **Be Franciscan**.

Onward to Victory!

Pax et Bonum!

*Greg*

## OUR JUNE GATHERING

*Shrine of St. Anthony*

**9:00 am to 5:00 pm**

Today we will be group sharing our unique statements of what it means to Be Franciscan. We look forward to letting ourselves be guided by the Holy Spirit in a “sweet, gentle,

## **FORMATION DIRECTOR'S MESSAGE**

Dear Sisters and Brothers,

### **How would you have the Eucharist taste?**

You nourished your people with  
food of angels \*  
and furnished them bread from  
heaven, ready to hand, untoiled-for,  
endowed with all delights \*  
and conforming to every taste.

For this substance of yours \*  
revealed your sweetness toward your  
children,  
and serving the desire of him who  
received it, \*  
was blended to whatever flavor each  
one wished.

That your sons whom you loved  
might learn, O Lord, \*  
that it is not the various kinds of  
fruits that nourish man,  
but it is your word that preserves  
those who believe you! \*  
For great are your judgments, and  
hardly to be described.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

*Wisdom 16:20-21, 26; 17:1a*

*Office of Readings*

*Solemnity of the Most Holy Body and  
Blood of Christ*

We, too, with our own eyes, see only  
bread and wine, but we must see  
further and firmly believe that this is  
his most holy Body and Blood,  
living and true.

*Francis of Assisi – The Admonitions  
- #1 – Of the Lord's Body*

Have you ever noticed that different people  
like different foods? Perhaps, the same food  
even tastes differently to different people.  
The canticle from Wisdom, which the Church  
uses to help us understand the Eucharist  
assures us that the Sacrament is “endowed  
with all delights and conforming to every  
taste.”

How does the Eucharist taste to you? Is it,  
perhaps, tasteless, like stiff cardboard? How  
would you have him taste? This is the  
sacrament which is “endowed with all  
delights” and contains “within itself all  
sweetness.” It conforms “to every taste.”

Let us work always to increase our faith in the  
Most Holy Body and Blood of Christ. We are  
all now considering our own Franciscan  
Ways. Let's reflect on work we have done  
over the last two years and see where the  
Body of Christ fits into it. May we always  
taste the full sweetness the sacrament  
contains.

Peace!

*Tom*







**JUNE, 2016**

### **BIRTHDAYS AND ANNIVERSARIES**

#### **Birthdays:**

 Susan Jamison, June 24  
 Helen Hillstrom, June 27

#### **Profession Anniversaries:**

 Sonia Bernardo, June 16, 1985  
 Jaime Bernardo, June 16, 1985  
 Genie Dutton, June 19, 1983  
 Rose Lawrence, June 15, 1986  
 Dick Schaefer, June 17, 1985  
 Tap Nguyen, June 13, 2006

**Come bless our brothers and sisters.**



### June Birthstone – Pearl

#### **PRAYER INTERCESSIONS**

##### ***Catholic Prayer for Healing***

*Lord Jesus, You know how I feel today, my secret fears and pains. I pray for healing in whatever way You know will help me. I trust in Your power. You proclaimed God's reign by curing the sick, comforting and strengthening those who were sad, and giving new freedom to all who accepted You. Guide also, those who help in Your healing work: doctors, nurses, chaplains, and all who extend Your care. Together we do the work of Your Father. We pray in Your Spirit, Lord Jesus. Amen.*

Pray for Tom Bello OFS who passed away last month. May the Lord bless and keep him.

Pray for Fr. Bill Winkler, one time our Spiritual Assistant, who just returned from Mt. Nebo, Jordan to enter a local nursing home.

For our brother, Alan Stokely, we pray for his needs and intentions and hope to see his dear face soon because we miss him very much.

Pray for Jim Routh who suffered a stroke.

Pray for Alan Stokely who is ill with pneumonia and other problems

Pray for Anna Siefken who recently died. May God grant her eternal peace.

Pray with **THANKS** for Frank Barletta's daughter who successfully completed chemotherapy and has returned to normal health.

Pray for Susan Jamison's husband, Bobby, who is undergoing intensive chemotherapy.

Pray for Connie's mother, Isabel, who is suffering from a variety of ills.

Pray for Tap Nguyen and his family that their new home will be blessed with peace.

Please pray for the needs of the men and women at the Dorothy Day Place Shelter, our year-long apostolate.

We offer a special prayer for all those in need, for those facing seemingly incurable illnesses, for those who are suffering in any way, and for those who will die today with no one to pray for them.

#### **BEING FRANCISCAN**

##### ***Prayers, Prose, Poems, and Pictures***

##### ***Guard your Heart and Mind***

“Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God. THEN the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus. Keep on doing what you have learned and received and heard and seen in me. Then the God of peace will be with you.” (Philippians 4:6-7, 9)

#### **Reflection:**

No matter what comes our way each day, we can keep our peace. Out of the secret place within our hearts flows the Spirit of life; the holy place set apart for the Spirit to dwell. We protect and guard that place by what we allow in and don't allow in. All the worries, offenses, anxieties or anger that come our way each day do not have to enter in; we don't have to allow it within. We can live in peace without the unnecessary. We have God's Peace that reigns within our secret place. Jesus and St. Francis has shown us the way to Peace. We have learned,

we have received and we have heard. Think on these things.

*Reflection by Donna Hollis, OFS*

Source: <http://mercyhour.org/2016/05/may-11th-guard-your-heart-and-mind/>



### ***THE MOST SACRED HEART OF JESUS***

***June 3***

***Submitted by Genie Dutton***

"But God proves His love for us in that while we were still sinners Christ died for us."

--Romans 5:8

O God of my life, your love is better than life! I long for the kind of intimacy with you that awakens my soul to the truth of my vocational call to be a sacred presence in the world. May it come to pass.

--Sr. Macrina Wiederkehr, osb